



FLEET ASW TRAINING CENTER RESOURCES!

Top Web Sites to Know!

Amer. Red Cross (San Diego): www.sdarc.org
American Red Cross (National): www.redcross.org
Armed Services YMCA: www.asymcasd.org
Commissary: www.commissaries.com
CREDO: www.cnrsw.navy.mil/credo
Fleet & Family Support Ctr: www.cnrsw.navy.mil/fsc
GI Bill, Scholarships, & Job Search www.gibillexpress.com
Lifelines: www.lifelines.navy.mil
Military Child Educ. Coalition: www.militarychild.org
Military Family Resource Ctr: www.mfrc-dodqol.org
Military One Source: www.militaryonesource.com
UserID: military; Password: onesource
Military Students www.militarystudent.org
Morale, Welfare, & Recreation: www.mwrtoday.com
National Military Family Assoc: www.nmfa.org
Naval Svcs Family Line: www.lifelines.navy.mil/Familyline
Navy Exchange: www.navy-nex.com
Navy League: www.navyleague.org
Navy-Marine Corps Relief: www.nmcrcs.org/sdiego-area
Ombudsman Program (Official): www.ffsp.navy.mil
Operation Homefront: www.operationhomefront.net
Personal Property Info www.sd.fisc.navy.mil
Thrift Savings Plan Info www.tsp.gov
TriCare: www.tricareonline.com
www.tricare.osd.mil
TriWest: www.triwest.com
United Concordia (Dental Plan): www.ucci.com
United Through Reading: www.read2kids.org
United Way: www.unitedway-sd.org
USO San Diego: www.usosandiego.org
VA GI Bill Info www.gibill.va.gov

Deployment Support

Care Packages: www.geocities.com/militarycarepackage
Deployment Health: www.deploymentlink.osd.mil
Send Free MARS Grams: <http://navymars.org>
ECRC www.ecrc.navy.mil
Navy Knowledge Online www.nko.navy.mil

Navy & DoD Information

Naval Region Southwest: www.cnrsw.navy.mil
Navy Knowledge Online: <https://www.nko.navy.mil>
Official Navy Web Page: www.navy.mil
MCAS Miramar: www.miramar.usmc.mil
Naval Base Coronado: www.nasni.navy.mil
Naval Station (32nd Street): www.navstasd.navy.mil
Navy Career Development: www.staynavy.navy.mil
Navy Web Pages: www.navy.mil/nol/alpha.html
Regional Support Office www.rso.navy.mil/index.html
Travel/Per Diem/PCS Rates & Info: <https://secureapp2.hqda.pentagon.mil/perdiem>
U.S. Pacific Fleet: www.CPF.navy.mil

Parenting Information

New Dad Classes <http://newdads.com>
Family Activities <http://family.go.com>
Babyzone: <http://sandiego.babyzone.com>
Parenthood: www.parenthood.com
Children's Books Online: www.childrensbooksonline.org
Military Students: www.militarystudent.org
Learning Disabilities Assoc.: www.ldasandiego.org

New to the Area? Info & Relocation Support

Employment Info www.caljobs.ca.gov
Homeport San Diego: www.homeport-sd.com
Military Family Housing: www.cnrswhousing.navy.mil
Military Acclimate: www.militaryacclimate.com
San Diego Union Tribune: www.signonsandiego.com
SITES (Info on Military Bases): www.dmdc.osd.mil/appj/sites/index.jsp

Military Spouse Info

Adecco Career Accelerator (Jobs for Military Spouses!)
www.adeccousa.com/careeraccelerator/index.cfm
Military Spouses: www.militaryspouse.org
Military Spouse Career Network: www.mscn.org (Jobs!)
Navy Personnel Cmd Spouse Support: www.npc.navy.mil/commandsupport/spousessupport
Navy Wives.Com: www.navywives.com
USMC Spouses: www.marinewives.com
Military Community: www.sgtmoms.com
Military Spouses: www.spousenet.com

Government Information

Federal Trade Comm. Consumer Guide: www.ftc.gov
Federal Emergency Mgmt Agency: www.fema.gov
Government Guide: www.governmentguide.com
First Gov: www.firstgov.gov
Gov Spot: www.govspot.com
State Department Travel Advisory: www.travel.state.gov